

**For Students Admitted to the University from the Fall Semester**  
**Total Degree Credit hours: 126**

	Semester	Course Code	Course Title	Cr	Course type		Semester	Course Code	Course Title	Cr	Course type
Year 1	(Fall)	ESP103	Introduction to Academic English for Education	3	Gen Ed Course (Cluster 1: Area 2: English Communication)	(Spring)	PHE205	Adapted Physical Education	1	Prof. Requirement	
		PHI180	Critical Thinking	3	Gen Ed Course (Cluster 1: Area 3: Critical Thinking)		LEB111	Educational Technology	1	Prof. Requirement	
		HEI105	Emirates Studies	3	Gen Ed Course (Cluster 2: Area 3: Emirate Studies)		FED112	Professional Ethics in Education	1	Prof. Requirement	
		BEI106	Emirate's Culture	3	Gen Ed Course (Cluster 2: Area 1: Humanities and Fine Arts)		GHI112	Fourth Industrial Revolution	1	Gen Ed Course (Cluster 1: Area 3: Fourth Industrial Revolution)	
		PHI111	Emirate's Society	3	Gen Ed Course (Cluster 2: Area 3: Natural Sciences)		PLM100	Islamic Culture	1	Gen Ed Course (Cluster 2: Area 3: Islamic Culture)	
(Fall)	STAT101	Statistics in the Modern World	3	Gen Ed Course (Cluster 1: Area 5: Quantitative Reasoning)	(Spring)	GHI222	Fundamentals of Innovation and Entrepreneurship	1	Gen Ed Course (Cluster 1: Area 3: Innovation and Entrepreneurship)		
	PHI111	Sustainability	3	Gen Ed Course (Cluster 3: Area 3: Sustainability)		PHE206	School and Community Health	1	Prof. Requirement		
	PHE200	Foundations of Health and Physical Education	3	Prof. Requirement		PHE207	Exercise Physiology	1	Specialization		
	PHE204	Human Anatomy and Physical Education	4	Specialization		PHE208	Motor Learning	1	Specialization		
	PHE202	Invitation Games	2	Specialization		PHE209	Track and Field	1	Specialization		
PHE203	Swimming	2	Specialization	PHE305	Health and Physical Education Curriculum	1	Prof. Requirement				
Year 3	(Fall)	PHE3134	Biomechanics	3	Prof. Requirement	(Spring)	PHE312	Evaluation and Assessment in Health and Physical Education	1	Prof. Requirement	
		PHE302	Physical Fitness Conditioning	3	Specialization		PHE402	Geriatric Psychology	3	Prof. Requirement	
		PHE315	Learning Communities	3	Prof. Elective		PHE310	Health and PE Teaching Methods for Elementary Education	3	Prof. Requirement	
		PHE315	Child and Health Development	3	Specialization		PHE407	Health, Physical Activity, and Nutrition	3	Specialization	
		PHE401	Health and PE Teaching Methods for Secondary Education	3	Prof. Requirement		PHE406	Personal Health and Wellness	1	Specialization	
PHE308	CPK and First Aid	3	Specialization	PHE409	Individual and Group Sports	1	Specialization				
Year 4	(Fall)	PHE405	Aerobic Fitness	3	Specialization	(Spring)	PHE408	Captstone Experiences in Health and Physical Education	1	Specialization	
		PHE409	Martial Arts	3	Major Elective		PHE409	Student Teaching in Health and Physical Education	1	Field Experience	
		PHE410	Educational Research	3	Prof. Requirement						
		PHE304	Developmental Psychology	3	Specialization						
		PHE313	Educational Psychology	3	Gen Ed Course (Cluster 3: Area 3: Social and Behavioral Sciences)						

**Bachelor of Education in Health and Physical Education Model Study Plan (2022-2023 Cohort onwards)**

**For Students Admitted to the University from the Fall Semester**  
**Total Degree Credit hours: 126**

	Semester	Course Code	Course Title	Cr	Course Type		Semester	Course Code	Course Title	Cr	Course Type
Year 1	1 (Fall)	ESPJ103	Introduction to Academic English for Education	3	Gen Ed Course (Cluster 1: Area 2: English Communication)	(Spring)	PHE205	Adapted Physical Education	3	Prof. Requirement	
		PHE120	Critical Thinking	3	Gen Ed Course (Cluster 1: Area 2: Critical Thinking)		PHED101	Educational Technology	3	Prof. Requirement	
		HC5105	Emerging Studies	3	Gen Ed Course (Cluster 1: Area 2: Emergent Studies)		PHED102	Professional Ethics in Education	3	Prof. Requirement	
		EDJ206	Student choice	3	Gen Ed Course (Cluster 2: Area 1: Humanities and Fine Arts)		EDJ113	Fourth Industrial Revolution	3	Gen Ed Course (Cluster 1: Area 3: Fourth Industrial Revolution)	
		EDJ206	Student choice	3	Gen Ed Course (Cluster 2: Area 1: Natural Sciences)		ISAM301/AM301	Islamic Culture/History of the Prophet "Sira"	3	Gen Ed Course (Cluster 2: Area 4: Islamic Culture)	
Year 2	3 (Fall)	STAT101	Statistics in the Modern World	3	Gen Ed Course (Cluster 1: Area 3: Quantitative Reasoning)	(Spring)	GE122	Fundamentals of Innovation and Entrepreneurship	3	Gen Ed Course (Cluster 1: Area 1: Innovation and Entrepreneurship)	
		PHED111	Sustainability	3	Gen Ed Course (Cluster 1: Area 3: Sustainability)		PHED306	School and Community Health	3	Prof. Requirement	
		PHED200	Foundations of Health and Physical Education	3	Prof. Requirement		PHE207	Exercise Psychology	3	Specialization	
		PHE204	Human Anatomy and Physiology	4	Specialization		PHE208	Motor Learning	3	Specialization	
		PHE202	Revision Games	2	Specialization		PHE209	Track and Field	3	Specialization	
PHE203	Swimming	2	Specialization	PHE305	Health and Physical Education Curriculum	3	Prof. Requirement				
Year 3	5 (Fall)	PHE314	Biomechanics	3	Prof. Requirement	(Spring)	PHE312	Evaluation and Assessment in Health and Physical Education	3	Prof. Requirement	
		PHE302	Physical Fitness Conditioning	3	Specialization		PHE402	Exercise Psychology	3	Prof. Requirement	
		PHE303	Learning Communities	3	Prof. Elective		PHE410	Health and PE Teaching Methods for Elementary Education	3	Prof. Requirement	
		PHE315	Child and Health Development	3	Specialization		PHE403	Health, Physical Activity, and Nutrition	3	Specialization	
		PHE401	Health and PE Teaching Methods for Secondary Education	3	Prof. Requirement		PHE356	Personal Health and Wellness	3	Specialization	
PHE308	CPR and First Aid	1	Specialization	PHE409	Individual and Dual Sports	2	Specialization				
Year 4	7 (Fall)	PHE406	Aerobic Fitness	3	Specialization	(Spring)	PHE408	Captstone Experiences in Health and Physical Education	3	Specialization	
		PHE405	Martial Arts	3	Major Elective		PHE409	Student Teaching in Health and Physical Education	9	Field Experience	
		PHE400	Educational Research	3	Prof. Requirement						
		PSY304	Developmental Psychology	3	Specialization						
		PSY313	Educational Psychology	3	Gen Ed Course (Cluster 2: Area 2: Social and Behavioral Sciences)						

## Bachelor of Education in Health and Physical Education Model Study Plan (2025-2026 Cohort onwards)

**For Students Admitted to the University from the Fall Semester**  
**Total Degree Credit hours: 120**

	Semester	Course Code	Course Title	Cr	Course type		Semester	Course Code	Course Title	Cr	Course type
Year 1	1 (Fall)	GEAMS10	Contemporary Emirati Studies	3	Gen. Ed. Theme 1: UAE National Identity		2 (Spring)	LEVE101	Effective Technology and Artificial Intelligence in Education	3	Gen. Ed. Theme 6 or 7 or 8 or 9 or 10
		GEAMS11	Academic English for Humanities and STEM	3	Gen. Ed. Theme 2: Academic Language Proficiency			LEVE102	Professional Ethics in Education	3	Prof. Requirement
		GETI113	Introduction to Artificial Intelligence	3	Gen. Ed. Theme 3: Innovation			PHED205	Adapted Physical Education	3	Prof. Requirement
		Elective	Student choice	3	Gen. Ed. Theme 6 or 7 or 8 or 9 or 10			PHED208	Motor Learning	3	Prof. Requirement
		Elective	Student choice	3	Prof. Elective						
Year 2	3 (Fall)	PHED209	Foundations of Health and Physical Education	3	Prof. Requirement		4 (Spring)	GSUJ211	Sustainability	3	Gen. Ed. Theme 5: Sustainability
		PHED202	Invasion Games	3	Specialization			PHED206	School and Community Health	3	Prof. Requirement
		PHED203	Swimming	2	Specialization			PHED305	Health and Physical Education Curriculum	3	Prof. Requirement
		PHED204	Human Anatomy and Physiology	4	Specialization			PHED307	American Physiology	3	Specialization
		PHYC206	Developmental Psychology	3	Specialization			PHED209	Track and Field	2	Specialization
Elective	Student choice	3	Prof. Elective								
Year 3	5 (Fall)	PHED222	Foundations of Innovation and Entrepreneurship	3	Gen. Ed. Theme 4: Entrepreneurship		6 (Spring)	PHED312	Evaluation and Assessment in Health and Physical Education	3	Prof. Requirement
		PHED302	Physical Fitness Conditioning	3	Specialization			PHED402	Exercise Psychology	3	Prof. Requirement
		PHED308	APA and First Aid	3	Specialization			PHED310	Health and PE Teaching Methods for Elementary Education	3	Prof. Requirement
		PHED314	Sports Biomechanics	3	Prof. Requirement			PHED407	Health, Physical Activity, and Nutrition	3	Specialization
		PHED315	Child and Health Development	3	Specialization			PHED306	Personal Health and Wellness	3	Specialization
Elective	Student choice	3	Prof. Elective		PHED309	Individual and Dual Sports	2	Specialization			
Year 4	7 (Fall)						8 (Spring)	Elective	Student choice	3	Prof. Elective
		PHED406	Aerobic Fitness	3	Specialization			PHED408	Captstone Experiences in Health and Physical Education	3	Specialization
		Elective	Student choice	3	Major Elective			PHED409	Student Teaching in Health and Physical Education	3	Field Experience
		PHED350	Educational Research	3	Prof. Requirement						
		Elective	Student choice	3	Prof. Elective						