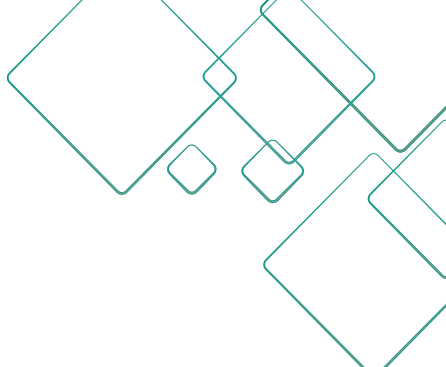




Research Relevance and Potential Impact

The dissertation highlights the importance of the screening for pre-diabetes among Emirati young adult's population especially those who are obese. In addition, a comprehensive food composition table with glycaemic index (GI) and glycaemic load (GL) values of locally consumed foods in the UAE was established to serve as a tool for nutrition therapy planning and dietary management of diseases in the country.

Relevant Publications

- Al Dhaheri, Ayesha S., Asila K. Al Ma'awali, Louis C. Laleye, Sidiga A. Washi, Amjad H. Jarrar, Fatima T. Al Meqbaali, Maysm N. Mohamad, and Emad M. Masuadi. «The effect of nutritional composition on the glycemic index and glycemic load values of selected Emirati foods.» BMC Nutrition 1, no. 1 (2015): 1.
- Al Dhaheri, Ayesha S., Maysm N. Mohamad, Amjad H. Jarrar, Eric O. Ohuma, Leila Cheikh Ismail, Fatima T. Al Meqbaali, Usama Souka, and Syed M. Shah. «A Cross-Sectional Study of the Prevalence of Metabolic Syndrome among Young Female Emirati Adults.» PloS one 11, no. 7 (2016): e0159378.

Career Aspirations

I would like to focus on two aspects of academia: teaching and research. I hope to be in a position that allows me to pass on my knowledge to the future generation and contribute to nutrition related research.