

# FMDHS COVID NEWSLETTER

Please don't hesitate to contact Facility Management Department of Health & Safety (FMDHS).

Telephone: 03 713-4033, Email: fmdhs@uaeu.ac.ae

#### The Health and Safety team

(FMDHS) is an integral part of UAEU Facilities Management Department (FMD). Our main aim is to ensure the health, safety and wellbeing of students, staff, visitors and contractors.

This fall, campus will be partially reopened for some courses and activities. With this in mind, we wish to raise faculty, staff, and student awareness on their roles and responsibility to ensure safety and prevent spread of Covid-19

# COVID-19

### **Understanding COVID**

COVID 19 is a novel corona virus. Data from published epidemiology and virologic studies provide evidence that COVID-19 is primarily transmitted from symptomatic people to others who are in close contact through respiratory droplets, by direct contact with infected persons, or by contact with contaminated objects and surfaces. People can catch COVID-19 by touching contaminated surfaces or objects, and then touching their eyes, nose, or mouth. Protective and preventive measures required to prevent easy spread of Covid-19.

For more information, please see:



## Symptoms of COVID 19







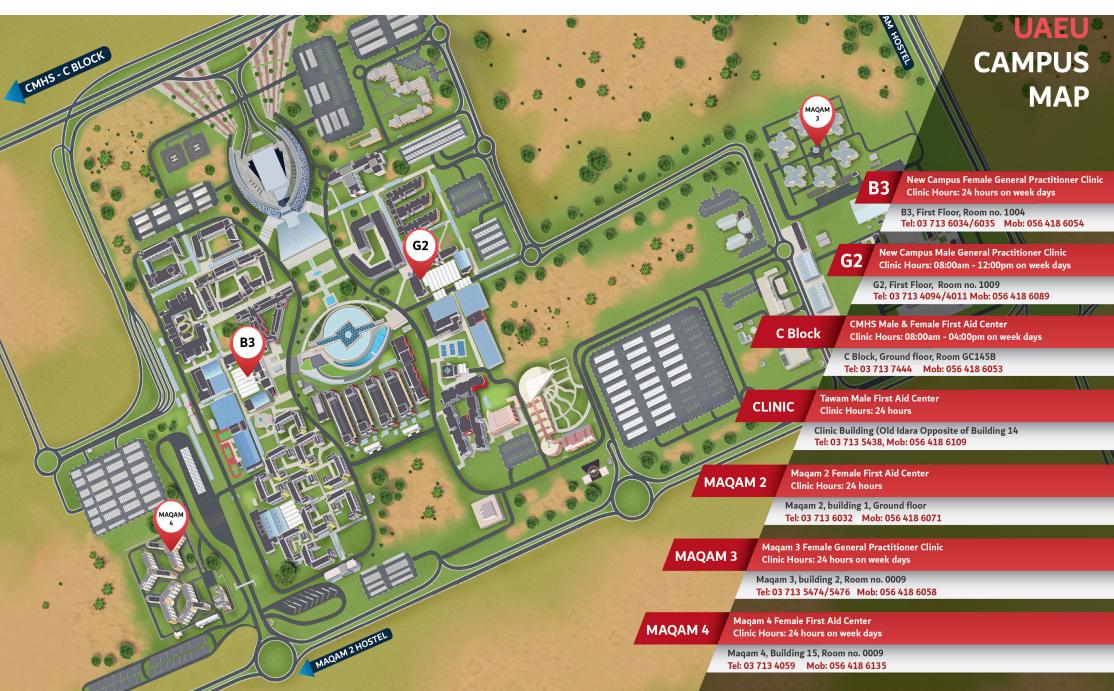
Of Breath

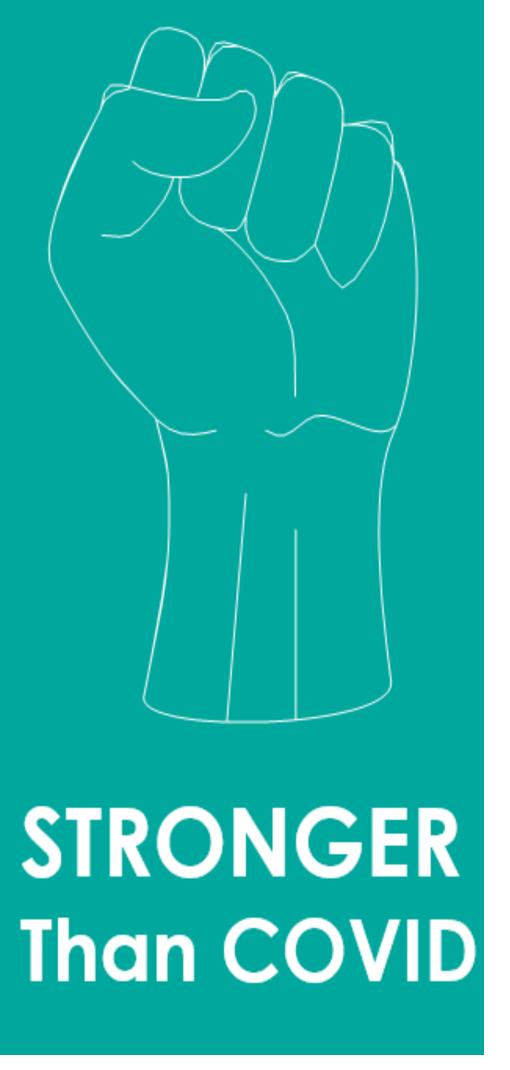


WHAT TO DO IF YOU DEVELOP SYMPTOMS ON

#### **CAMPUS**

#### CALL OR VISIT ONE OF OUR CAMPUS HEALTH CLINICS





#### HOW YOU CAN HELP

Awareness of your responsibilities to protect yourself and others

Develop behaviors and habits that will keep you and others safe

#### Our Roles & Responsibility

- Anyone with even mild cough or low-grade fever 37.5
   °C or more should stay at home (work/study from home)
- Seek medical care right away if displaying symptoms
- Avoid contact with others
- ➤ Do not travel while sick
- Students only for drop off please do not arrive with family or friends
- Entrance Health Check
- → 40 % occupancy at a time
- ➤ Mandatory to wear masks & gloves at all times
- Regular hand washing and sanitizing
- ~ Mandatory 2 meters physical distancing

#### How to prevent spread of Covid 19

- Avoid shaking hands, just wave
- Avoid close contact with people and public assemblies
- Avoid hugging or kissing others
- Avoid nose to nose greeting
- When sneezing cover your nose and mouth with the inside of your elbow or by using tissue instead of your hand
- Wash hand with soap and water
- If soap and water are not available, ADPHC recommends using an alcohol-based hand sanitizer that contains at least 60-95% alcohol